

STROKE 2004: Focus on Prevention

This activity is jointly sponsored by
Wake Forest University School of Medicine
and the North Carolina Stroke Association

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October 2, 2004
Old Salem Visitor's Center
Winston-Salem, NC

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Dear Medical Professional,

Stroke remains a major health problem in the United States, especially in the Southeast, labeled as the Stroke Belt due to the excess morbidity and mortality from stroke. Although new techniques offer hope for more effective acute treatment, a small percentage of patients can be treated using these methods. It is only by shifting the focus to prevention, through education of patients, physicians, and allied health professionals, that the overall impact of stroke can be reduced. Thus, in planning for the second educational symposium of the North Carolina Stroke Association, prevention remained the focus, especially those issues which physicians and allied health personnel in this region must identify and treat on a daily basis.

The North Carolina Stroke Association, along with the Office of Continuing Education at Wake Forest University School of Medicine, and the Northwest AHEC, is sponsoring an educational symposium entitled, "Stroke 2004: Focus on Prevention", which will take place on Saturday, October 2, 2004, at the Old Salem Visitor's Center, Winston-Salem, North Carolina. Physicians, nurses, and all allied health professionals are invited and they will find useful information, which will assist them as they endeavor to reduce the ravages of stroke in this region. Topics for the activity are broadly grouped into stroke risk factors, stroke risk screening, current treatment strategies, and regional initiatives. The emphasis will be on practical lessons that can be applied in clinical practice. The speakers were chosen for their expertise and active involvement in the topics they will address.

We invite you to attend this important educational activity, offered in the unique surroundings and atmosphere of a fall weekend in beautiful Old Salem. We look forward to seeing you in October.

Sincerely,

Dr. Charles H. Tegeler, Wake Forest University Baptist Medical Center
Dr. Chere Chase, Forsyth Medical Center



This symposium is designed for neurologists, internists, family practitioners and other health care professionals who care for patients at risk for stroke.

Objectives

At the end of the symposium, attendees should be better able to:

- 1) Identify at least 5 stroke risk factors
- 2) Discuss at least 3 screening tests for stroke risk
- 3) List at least 3 prevention treatments for stroke

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Wake Forest University School of Medicine and the North Carolina Stroke Association. The Wake Forest University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit

The Wake Forest University School of Medicine designates this educational activity for a maximum of 8 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

Old Salem

Old Salem is an authentic historical restoration, begun in 1950, of the Moravian community that was started in 1766. From an earlier base in Germany, the Moravians went throughout the world as missionaries and to found settlements. From Bethlehem, Pa., they came to the colony of North Carolina in 1753. Tours of the restored buildings are available.

Also in the Old Salem historic district, and owned and operated by Old Salem Inc., are the delightful Museum of Early Southern Decorative Arts, the Old Salem Toy Museum, and the Old Salem Children's Museum.

For more information on Old Salem and for directions to Old Salem Conference Center, visit Old Salem's website at www.oldsalem.org.

STROKE 2004: Focus on Prevention

••••• Schedule •••••

7:30-8:15 a.m.	<i>Continental Breakfast and Registration</i>
8:15-8:30	Welcome (Dr. Chere Chase)
8:30-9:00	Public Health Action Plan to Prevent Heart Disease & Stroke (Dr. David Goff)
9:00-9:30	Identification and Treatment of Risk Factors in Clinical Practice (Dr. David Lefkowitz)
9:30-10:00	Stroke: Women at Risk (Dr. Ana Felix)
10:00-10:30	<i>Break</i>
10:30-11:00	Community Stroke Screening: The NC Stroke Association Experience (Dr. Roger Anderson)
11:00-11:30	Emergency Department Screening for Hypertension (Dr. David Cline)
11:30-12:00 p.m.	Screening for Carotid Atherosclerosis (Dr. Charles Tegeler)
12:00-1:00	Lunch and Practical Aspects of Developing a Stroke Team (Dr. Chere Chase)
1:00-1:30	Antiplatelet Therapy for Stroke Prevention (Dr. Charles Tegeler)
1:30-2:00	Treatment for Acute Stroke in 2004 (Dr. Souvik Sen)
2:00-2:30	Stroke Rehabilitation 2004 (Dr. David Good)
2:30-3:00	<i>Break</i>
3:00-3:30	Stroke in the Southeastern United States (Dr. Daniel Lacklund)
3:30-4:00	Community Prevention Initiatives (Libby Puckett)
4:00-4:30	The North Carolina Stroke Registry (Claire Moncrief)
4:30	<i>Adjourn</i>
4:30-6:00	<i>Free Time</i>
6:30-8:00	Dinner Activity: History of Stroke to the Present (Dr. James Toole)

[Format of 25 minute lecture, with 5 minutes for questions]

Hotels

The Hawthorne Inn & Conference Center (336) 777-3000; (800) 972-3774
Adams Mark Winston Plaza Hotel (336) 725-3500; (877) 905-6275
Brookstown Inn (336) 725-1120
Wingate Inn Hotel (336) 714-2800

Registration Fee

The registration fee of \$150 includes the full conference, a continental breakfast, lunch, dinner and refreshment breaks.

Cancellation

If you need to cancel your reservation, you must do so in writing by Friday, September 17, 2004. A cancellation fee of \$50 will be withheld for processing.

Special Needs

Wake Forest University School of Medicine adheres to the Americans with Disabilities Act. Please report any special needs you may have to the Office of Continuing Education at 336-716-4450.

Registration Form

Name _____ Degree(s) _____
Social Security or AMA # _____
Profession _____
Address _____
City _____ State _____ Zip _____
Daytime Phone _____ Fax _____
E-mail _____

Physician Registration \$150, (all-inclusive) WFUSM alumni

Payment by check:

Make check payable to the North Carolina Stroke Association and mail along with registration form to:
The North Carolina Stroke Association
P.O. Box 571002
Winston-Salem, NC 27157-1002

Payment by credit card:

Complete the information below, then fax your registration to 336-716-9519 or mail to address above. Visa Mastercard

Card # _____ Exp. Date _____
Name on Card _____
Signature _____

For More Information:

Beth Parks, Executive Director, North Carolina Stroke Association
(336) 713-5052 E-mail: beparks@wfubmc.edu Web: www.ncstroke.org

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North Carolina Stroke Association
P.O. Box 571002
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