

# Stroke Care: A Network of Experts 2010 SYMPOSIUM

Target Audience:  
Neurosurgeons,  
Neuro Radiologists,  
Hospitalists, Neurologists,  
ER Physicians,  
Primary Care Physicians,  
PAs, NPs, RNs, LPNs,  
Paramedics, Rehab (Physical,  
Occupational, Speech  
Pathologist), Radiology  
Technicians, & Neuro  
Intervention Radiologists



**SATURDAY, SEPTEMBER 11, 2010**  
FORSYTH MEDICAL CENTER CONFERENCE CENTER, WINSTON-SALEM, NC

  
STROKE AND NEUROSCIENCES CENTER

## Stroke Care: A Network of Experts 2010 SYMPOSIUM

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FORSYTH MEDICAL CENTER CONFERENCE CENTER,  
WINSTON-SALEM, NC

**From I-40 eastbound:**  
Heading east on I-40, take exit 2A-B to  
merge onto NC-67/Silas Creek Parkway.  
Turn left onto Hawthorne Rd, at the  
next light turn right and the parking deck  
will be on your left.

**From I-40 westbound:**  
Heading west on I-40, take exit 190  
for Hanes Mall Blvd. Turn right at Hanes  
Mall Blvd. Turn left onto Silas Creek  
Parkway. Turn right onto Hawthorne  
Rd, at the next light turn right and the  
parking deck will be on your left.

For more information, call the symposium coordinator, Gale Reavis RN, at **336-718-7593**.

### STROKE CARE: A NETWORK OF EXPERTS • 2010 SYMPOSIUM

Please print clearly.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please check one:  Physician  Physician Assistant  Nurse  Nurse Practitioner  Other

Novant Employee ID# \_\_\_\_\_ Email \_\_\_\_\_

Payment Options (please check one):  Personal Check  Form faxed. Will call with credit card information

  
STROKE AND NEUROSCIENCES CENTER

Remarkable People. Remarkable Medicine.

3333 Silas Creek Parkway  
Winston-Salem, NC 27103

## NEEDS ASSESSMENT

Stroke is the third leading cause of death in North Carolina. While stroke death rate is declining in NC, it remains substantially higher than the nation. The stroke death rate in North Carolina is 61 per 100,000 compared to the national rate of 50 per 100,000\*. Stroke also is a leading cause of serious long-term disability. Mortality, morbidity and disability caused by stroke have a huge economic impact in terms of direct and indirect costs. The medical community needs exposure and understanding of advances in diagnosis, treatment and management of this complex but preventable disease. Recent research and treatment modalities have contributed to making this a treatable condition and communication of these advances is imperative.

With a declining number of neurologists available, primary care MDs are treating TIA and stroke patients\*\*. It is imperative that there are quality CME events available to support the growing numbers of General Medicine practitioners, MDs, NPs, PAs, Nurses and other health professionals in both rural and urban areas who are treating this disease process.

Included in this symposium will be topics to educate healthcare professionals on the most current treatment options, programs to facilitate remote access and diagnostic techniques.

**References:** \*North Carolina Justus-Warren Heart Disease and Stroke Prevention Task Force (ongoing); \*\*From *Stroke*, a publication of the American Heart Association, David Z. Wang, DO (guest editor, Nov. 2003)

## ACCREDITATION AND CME INFORMATION

Novant Health is the continuing medical education provider for this activity. PT Provider #10-0318-001MA

- 5 AMA PRA Category I Credits™
- **Accreditation Statement:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the North Carolina Medical Society. Novant Health is accredited by the NCMS to provide continuing medical education for physicians.
- **Nurses, Physical Therapists, Occupational Therapists and Speech Therapists:** Contact hours for this activity are pending.

## SPEAKERS' QUALIFICATIONS/AFFILIATION

**Benjamin Anyanwu, MD**  
Forsyth Comprehensive Neurology,  
Forsyth Medical Center, Winston-Salem, NC

**Morry Brown, MD, Ph.D**  
Neuro Interventional Radiologist,  
Forsyth Medical Center, Winston-Salem, NC

**Chéré Chase, MHS, MD**  
Medical Director, Neurosciences and  
Neurocritical Care, Forsyth Medical Center,  
Winston-Salem, NC

**Donald Heck, MD**  
Neuro Interventional Radiologist,  
Forsyth Medical Center, Winston-Salem, NC

**Rafael Llinas, MD**  
Assistant Residency Director, Neurology  
Residency Program Director, Cerebrovascular  
Neurology at the John Hopkins Bayview,  
Assistant Professor, Neurology

**Collin McDonald, MD**  
Neurologist, Chief Medical Officer,  
Specialists on Call

**Charles Stinson, MD**  
Palliative Care, Internist/Hospitalist, Medical  
Director, Palliative Care, Forsyth Medical Center,  
Winston-Salem, NC

- **Policy on Faculty and Sponsor Disclosure:** Novant Health adheres to the NCMS Standards regarding the industry support of continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.
- **ADA Statement:** If you need any auxiliary aids or services identified in the Americans with Disabilities act in order to attend this conference, please call Gwen Ainsworth at 336-718-7597 or email at [gaainsworth@novanthealth.org](mailto:gaainsworth@novanthealth.org).

## PROGRAM AGENDA - SATURDAY, SEPTEMBER 11, 2010

<b>7:30 - 8:00 a.m.</b>	Registration and Breakfast
<b>8:00 - 8:15 a.m.</b>	Welcome <i>Dr. Chéré Chase</i>
<b>8:15 - 9:15 a.m.</b>	Carotid Endarterectomy vs. Carotid Artery Stenosis: What We Now Know <i>Dr. Donald Heck</i>
<b>9:15 - 9:45 a.m.</b>	Stroke Prevention: Can We "RELY" on the Coumadin Alternatives <i>Dr. Benjamin Anyanwu</i>
<b>9:45 - 10:15 a.m.</b>	Comprehensive Stroke Care: Medical and Mechanical Advances <i>Dr. Morry Brown</i>
<b>10:15 - 10:30 a.m.</b>	Morning Break
<b>10:30 - 11:30 a.m.</b>	Lawsuits and TIAs: Throwing Away the Old Definition of Transient Ischemic Attack <i>Dr. Rafael Llinas</i>
<b>11:30 a.m. - 12:15 p.m.</b>	Lunch Break, Vendor Exhibits
<b>12:15 - 1:15 p.m.</b>	Palliative Care: Taking the Road Less Traveled <i>Dr. Charles Stinson</i>
<b>1:15 - 2:15 p.m.</b>	Telemedicine: "The Future is Now" Remote Facilitator: <i>Dr. Collin McDonald</i>
<b>2:15 - 2:30 p.m.</b>	Evaluation and Wrap Up
<b>2:30 - 3:00 p.m.</b>	Special Session for Network Hospitals only

## OBJECTIVES

- Define carotid artery stenosis and identify interventional treatment verses surgical intervention.
- Identify risk factors and advantages/disadvantages in Coumadin therapy and alternative anticoagulation treatment of stroke.
- Discuss the legal and medical ramifications of the misdiagnosis of transient ischemic attacks (TIA) and the failure to treat.
- Identify the complexities of stroke diagnosis and the tools used in diagnosis.
- Discuss how research can change practice and bridge gaps in care for the stroke patient.
- Identify advances in the role of Palliative Care for inpatients and outpatients with stroke and other neurologic diagnoses.
- Discuss the future of telemedicine as solution to the shortage of neurology specialists and review cutting edge data that demonstrates the improvement in stroke care through telemedicine networks for rural community hospitals.
- Discuss appropriate use and advances in tPA administration and recommendations for 4.5 hour time limit.
- Discuss therapeutic options when intravenous tPA is not an option.

## REGISTRATION FEE

Registration fee will cover admittance to the symposium and meeting materials. Breakfast, lunch, snacks and parking will also be provided for attendees.

**\$100 for MD's, PA's & NP's**  
**\$50 for nursing, EMS & allied health**

## CANCELLATION POLICY

Class fee is nonrefundable. If you cannot attend, you may elect to send a substitute from your organization.

## REGISTRATION

To reserve your place for the 2010 Symposium **Stroke Care: A Network of Experts**, please complete the attached form. Mail the form along with the appropriate registration fee. *Make checks payable to Forsyth Medical Center.*

## REGISTRATION DEADLINE

September 4, 2010

## BY MAIL

Forsyth Medical Center  
3333 Silas Creek Parkway  
ATTN: Kathy Gaydos, Mailbox 48  
Winston-Salem, NC 27103

## BY FAX

If paying by credit card, complete this registration form and please call Kathy at 336-718-5987 with credit card information.

For any registration questions, call Kathy Gaydos at 336-718-5987.