

NC Stroke Association Cycle for Life...2010 cue sheet.xls
64 mile route
October 2,2010

Total	Distance	Directions
0.0	0.0	Hanover Park Vineyard – R turn out of vineyard – Yadkin Co.
1.0	1.0	Intersect with 601 – STOP – Be careful – go straight
1.3	0.3	L turn onto Chinquapin Rd.
2.5	1.2	Bear R onto Bell Branch Rd. – Davie County
3.9	1.4	L turn onto Liberty Church Rd.
8.1	4.2	R turn onto Bear Creek Church Rd.
13.4	5.3	Rest Stop on R at Gunter's Market – Iredell County
16.9	3.5	T-intersection with Lone Hickory Rd. – Rides split
16.9		100/65/40 mile – L turn; 25 mile R turn
18.8	1.9	L turn onto Rt. 21 – Be careful of traffic
20.5	1.7	R turn onto Barnard Mill Rd.
21.8	1.3	R turn onto Hunting Creek Rd.
23.2	1.4	L turn onto Barron Mill Rd. – note ride split for 100/65&40
23.2		Rest Stop on rt corner at turn
24.1	0.9	R turn onto Barnard Mill Rd.
24.8	0.7	R turn onto Union Grove Rd.
25.3	0.5	Cross I-77 bridge
29.3	4.0	R turn onto Rt. 901 – Very busy traffic – Be careful!!!
29.4	0.1	R turn onto Howard's Bridge Rd.
34.3	4.9	L turn onto Somers Rd.
35.3	1.0	Wilkes County Line
36.4	1.1	Rest Stop- split for 100 and 65 mile
36.4	0.0	R turn onto Old Rash Rd. (prior to intersection)
38.1	1.7	T-intersection R turn (no street name)
40.1	2.0	R turn onto Windsor Rd.
40.5	0.4	L turn onto Henderson Rd.
42.8	2.3	T- intersection – Stop Sign – L turn onto Buck Shoals Rd.
43.7	0.9	R turn onto Asbury Church Rd.; cross I-77
44.0	0.3	R turn onto Seagraves Rd. which becomes Sloan Mill's Rd
44.0		rough road and sharp curves ahead – be careful
47.7	3.7	L turn onto Hunting Creek Rd.
47.9	0.2	L turn onto Hamptonville Rd.; Rest Stop on L at
47.9		corner of Hunting Creek and Hamptonville Rd
51.6	3.7	R turn onto Rt. 21 – Be careful of traffic
52.0	0.4	L turn onto Arnold Rd. (some sharp turns ahead)
56.1	4.1	L turn onto Lone Hickory Rd.
61.4	5.3	R turn onto Fish Brandon Rd.
63.2	1.8	Intersect 601 – STOP – Be careful- go straight
64.2	1.0	L turn into Hanover Park Vineyard