**Rider Information**
Hanover Park Vineyard
1927 Courtney-Huntsville Road
Yadkinville, NC 27055

Location: Yadkin County - Take Hwy 421 to Hwy 601. Go south 4 miles. At 2nd blinking light, turn left on Courtney-Huntsville Road. Vineyard is 1 mile on left.
From I-40, take exit 170 for Hwy 601. Go north 9.8 miles and turn right onto Courtney-Huntsville Rd. Vineyard is 1 mile on left.
See map at www.ncstroke.org

Date: Saturday, October 6, 2012
Event will take place rain or shine.

**Tour Categories**

<table>
<thead>
<tr>
<th>Tour Categories</th>
<th>Registration Start Time</th>
<th>Tour Begins</th>
</tr>
</thead>
<tbody>
<tr>
<td>Century (100 miles)</td>
<td>7:00am</td>
<td>8:00am</td>
</tr>
<tr>
<td>Metric Century (65 miles)</td>
<td>7:30am</td>
<td>9:00am</td>
</tr>
<tr>
<td>40 mile</td>
<td>7:30am</td>
<td>9:00am</td>
</tr>
<tr>
<td>25 mile</td>
<td>7:30am</td>
<td>9:30am</td>
</tr>
<tr>
<td>7 mile</td>
<td>7:30am</td>
<td>10:00am</td>
</tr>
</tbody>
</table>

The bicycle route will have SAG support until 3:30 p.m.
Mechanic support will be available at the Start.

**Route and Rest Stops**

Century (100 miles): For “hard leg” riders. Challenging course with rolling hills and two climbs over the Brushy mountain range. Four rest stops will be provided.

Metric Century (65 miles): A challenging route with many hills through four counties. Four rest stops will be provided.

40 mile: Intermediate distance ride through three counties. Two rest stops will be provided.

25 mile: A gentle ride through the countryside of two counties. One rest stop will be provided.

7 mile: Easy ride in the vineyard vicinity. Family friendly venture.

**Special THANKS to our Additional Supporters:**

- W. R. Vernon Produce
- RCS
- Alphagraphics
- Carlton Deaton
- Primo Water
- Stanly Regional Medical Center
- Hugh Chatham Memorial Hospital
- Wells Fargo
- William G. White YMCA
- Two B Public Relations

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT ("Agreement")**

In consideration of being permitted to participate in the “Cycle for Life” bike tour sponsored by the North Carolina Stroke Association at the Hanover Winery on or about October 6, 2012 the undersigned, for myself, my personal representatives, assigns, heirs, and next of kin, acknowledge and represent that I understand that the North Carolina Stroke Association is a not-for-profit organization sponsoring this event for the purpose of raising charitable funds. I further acknowledge that I am qualified, in good health, and in proper physician condition to participate in this activity; that I understand that the activity will be conducted over roads and facilities, some of which are open to the public, and upon which hazards of traveling may exist; and that in activities such as this dangers can exist and accidents can occur. I agree and warrant that I will wear a bicycle helmet; that I will conduct myself in a careful and prudent manner; that I will report any risks for dangers which I observe or which come to my attention; and that I will immediately cease from participation if I observe activities or conditions which may expose me to harm or bodily injury. I fully understand that bicycling involves risks and dangers, including the possibility of serious bodily injury, permanent disability and death, as well as the possibility of economic loss and property damage. I fully accept and assume all such risks and responsibility for injuries, losses and damages that I may incur as the result of participating in this event. If I am signing this release on behalf of a minor, I acknowledge that I have authority to act on behalf of said minor, and accept the terms and conditions of this release on behalf of said minor.

I hereby release, discharge and covenant not to sue the North Carolina Stroke Association, its representatives, directors, agents, officers, volunteers, and employees in connection with this event from all liability, claims, losses or damages of any kind whatever which I may incur or which may be incurred by the person on whose behalf I am signing this release, and I will indemnify, save, and hold harmless the parties being released hereunder from any litigation expenses, attorneys’ fees, losses, liabilities, damages or costs of any kind whatsoever.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW, AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FORCE AND EFFECT.

Name of Entrant __________________________ Date ________________

Signature of Parent or Guardian (if entrant is under age 18) __________________________ Date ________________

ENTRY FORM MUST BE SIGNED
Register by September 25, 2012 by completing this Registration Form and mailing it with a non-refundable check or money order registration fee of $25.00. A separate Registration Form is needed for each stroke survivor and caregiver.

Pre-Registered Walkers will receive a Cycle for Life t-shirt, breakfast & lunch, and will be eligible for wine-tasting.

After September 25, 2012, registration is $40.00 - Registrants will receive breakfast & lunch and will be eligible for wine-tasting.

Individual Cyclist Registration Form:
Please print all requested information.

Individual Name ________________________________

Address ______________________________________

City _______________ State ___________ Zip Code ___________

Age ___________ Male ___________ Female ___________

Telephone ___________ Email address ___________

Emergency Contact: Name __________________________ Telephone Number ___________

Tour Selection: Please Check One
☐ Century (100 miles) bike tour
☐ Metric Century (65 miles) bike tour
☐ 40 mile bike tour
☐ 25 mile bike tour
☐ 7 mile bike tour

Indicate T-Shirt Size:  ☐ S  ☐ M  ☐ L  ☐ XL  ☐ XXL

What is Stroke?
North Carolina ranks in the top 10 percent nationally for stroke mortality. Although stroke is largely preventable, it is still the number one cause of adult disability and the third leading cause of death among Americans. Stroke attacks people of all ages and walks of life, but it is particularly prevalent after age 40 and within the African American community. North Carolina is the “buckle” in the “stroke belt” and, for unknown reasons, the death rate from stroke in our state is more than double the national average. Those who survive must learn to cope with the physical and mental disabilities the disease leaves in its wake. Stroke is considered unique among neurological diseases because it is highly prevalent, it carries significant burden of illness and high economic cost, and it is largely preventable.

What is the North Carolina Stroke Association?
The North Carolina Stroke Association is a non-profit 501(c)(3) organization that is based in Winston-Salem, North Carolina. The Stroke Association’s mission is to reduce the incidence and impact of stroke. Its goal is to create stroke prevention, education, and support programs that can be transported to communities across North Carolina. The principal program focus is on individuals who are in high risk groups as well as the medically underserved.

Where do the proceeds go?
100% of proceeds go directly to the North Carolina Stroke Association to support program development and to provide funding to hospitals in stroke prevention, stroke education and post-stroke services in the state of North Carolina.

You can donate to the NC Stroke Association by visiting www.ncstroke.org and going to the online donation link. Or, you may send a check or money order to NC Stroke Association, Piedmont Plaza 2, 2000 West First Street, Suite 504, Winston-Salem, NC 27104.

Name: ________________________________

Address: ________________________________

City, State, Zip: ____________________________

In Memory Of: _____________________________

In Honor Of: ______________________________

Send Acknowledgements To: ________________

Name: ________________________________

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City, State, Zip: ____________________________

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